

Is your child starting school soon?

Here are some tips to get ready.

Ready to Learn Together



Together supporting children... Starting early!



Try different kinds of boxes



Children who are independent and can look after themselves when they start school are ready to learn.

MANAGING A LUNCH BOX.

Lunch boxes can be hard to use.

Help make lunch time an easy, stress-free school routine. Give your child opportunities to practice using their lunch box such as:

- opening the box and balancing it on their lap
- managing the things inside – opening packets, yoghurt containers, snack bars, and bananas.

Try different boxes to find which one suits your child or the type they like. All of these tasks require children to use their fine motor, motor planning, coordination skills, and strength!

HELP YOUR CHILD BE READY TO LEARN

This resource has been developed by teachers and therapists of EarlyEd in partnership with the community and has been funded through a Multicultural NSW Innovation Grant.

