

Play and Engage



Helping babies and toddlers learn to play

RING STACKERS - in all their shapes and sizes

Support your toddler to be in a stable position to be able to play.

Find the "just right challenge." - Not too easy, not too hard.

WHERE TO PLAY

Sit on a supportive chair at a table or in a high chair.



Sit on the floor. Stacker between baby's legs.



WAYS TO PLAY



Stacker stick lying down.

Help your child to pick up a ring.

Then help them stabilse the stick with one hand and slide the ring on with the other.



Use Interest to encourage focus and attention

Some children are motivated by toys that use different sensory experiences like:

- stackers with music reward when you reach the top,
- rings that rattle
- sparkly scrunchies,
- stackers that match a child's interest: smiley faces, rockets, trucks, animals.



OTHER WAYS TO PLAY

Using toys to build on motor skills.

Stacking when children can play in standing.



Stand stick upright.
Put rings on the floor
to each side. They can
then reach down, pick it
up and put it on.

Make your own stacker ring toys with saucepan handles, spoons and roll holders



Use alternatives to the rings like bangles, scrunchies and hairbands and toilet rolls.

Present the rings:

- into their hands, flat or standing up sideways so they need to grasp it differently.
- up high or down low or to their side so they have to look and reach.

Start with thicker rings and as they gain skills, offer thinner rings.



