

# Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

Unwind and share experiences with others who understand

## **DISCUSSION TOPICS FOR TERM 1, 2023:**

- Working with your early interventionists
- Self care: Why it is so important
- · Raising expectations for your child

### **FIND US AT:**

Wrights Road Community Centre, Cnr Harrington and Wrights Road, Kellyville

### TUESDAY 9:15am-10:45am

Supported Playgroup in partnership with Hills Community Aid



### **CONTACT:**

**EarlyEd** 

www.earlyed.com.au or phone 9923 2727

**Hills Community Aid** 

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