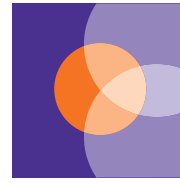




Early intervention for
children with disability



MyTime

*supporting parents of
children with disabilities*

MyTime Supported Playgroup is on at Forestville (as well as being online).

FOR YOUNG CHILDREN WITH A DISABILITY



**Wednesdays 9.30-11am
during school terms**



**Find us at the rear of Forestville Senior Citizens Centre
Cnr Starkey Street & Warringah Road, Forestville.**

MyTime is a free parent support program for parents and carers of children with disabilities or chronic medical condition, connecting you with others in similar situations. It's a place for you to unwind, talk about your experiences, find research-based parenting information, and learn new skills. By looking after your own wellbeing, you are looking after your child.

For more information go to: <https://www.earlyed.com.au/our-services/groups/mytime/>

DROP-IN

OR BOOK IN TO JOIN ONLINE

PHONE: 9923 2727 or EMAIL: services@earlyed.com.au

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www.earlyed.com.au