

# Active Play Active Learning

Find places in your neighbourhood that you might not have thought about as places to play. There are places close to home that will give your children opportunities to learn through active play.

Active Play\_Active Learning is a series of play ideas that will encourage parents and children of all ages to be active in local community spaces. EarlyEd's therapists and educators have created great ways for you to help your child develop and use their skills to play, explore and learn.

## Reconnect with local play spaces

### BALES PARK

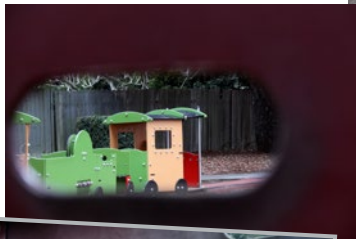
Stanley Street, Chatswood

A great playground with an oval next door when your child just wants to "run wild".

For other ideas to help your child to be active and learning, scan the QR code below.

**SAFETY:** The playground is fenced and it is easy to keep an eye on your children. The play areas are laid out well so children know what areas to play in. The street is safe for parking and walking in.

**A great wall for climbing and peeking through.**



**A bike track – level and easy for young riders**



**A brilliant wide wall to walk along outside**

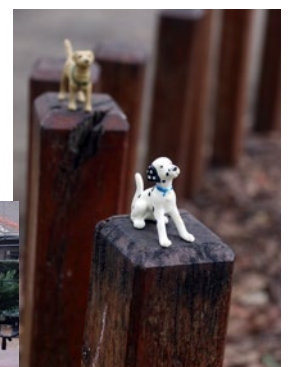
### Natural Barriers

Point out the natural barriers to help children understand how to play safely.

**Swings:** "Look! These poles are here so we don't run in front of the swings. They could knock us over. And here is the entry way to go in. We can stand and wait here for a turn."

**Bike track:** It is tricky learning the "rules of the road" when you are just learning to ride a bike. Take along some chalk and draw arrows for what direction to ride and a "Stop" sign for intersections.

**Put a couple of little toys in your pocket and see how it helps you to stay longer.**



<https://www.willoughby.nsw.gov.au/Residents/Parks-and-recreation/Parks-reserves-and-playgrounds>

For more information go to [www.earlyed.com.au/startstrongplay/](http://www.earlyed.com.au/startstrongplay/) or phone (02) 9923 2727 or follow us on Facebook and Instagram

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Learn to Play\_Play to Learn. Reconnect with local play spaces: funded for Willoughby City Council area with Chatswood RSL Club LTD ClubGRANTS 2020. Referencing the 3 principles of "Everyone Can Play" of creative, inclusive play spaces. <https://everyonecanplay.nsw.gov.au/>