

# Active Play Active Learning

Find places in your neighbourhood that you might not have thought about as places to play. There are places close to home that will give your children opportunities to learn.

**Active Play\_Active Learning** is a series of play ideas that will encourage parents and children of all ages to be active in local community spaces. These ideas are brought to you by EarlyEd's therapists and educators to support children to develop and use their skills to play, explore and learn. These ideas might help you to stay longer when you take your children out to play and use your park in different ways.

Bring a toy from home to create more opportunities for rich educational play. An under-used toy at home may spark new interest in a different setting!



Play hide-and-seek with a toy!

Hide the toy and send your child off to find it. A fun way to build exploration and inquisitive learning skills.

Some children may find this difficult at first. Make it easier with a brightly coloured toy. Explain what you are doing.

**"Can you see it?" "Is it behind the log?"**

You can support a young child to learn the game by playing both roles of hiding and seeking alongside of them. This is a great way to involve older siblings. They can then take turns hiding the toy for one another.

For older children hide the toy across a larger area or use something small.

Tell them to shut their eyes while you hide the toy. Give clues like "Hot!/Cold!"(when close or far away), "Look high/low", or "behind/underneath" to build vocabulary.



## Interesting places to walk!

This garden is designed for everyone to walk on. Children learn to advance their balancing skills as they - walk up slopes, manage uneven surfaces and weave through long grass when they can't see their feet and what they are walking on.

## It rolled off...

Drive a toy on different surfaces and see what happens. Some are too bumpy and some are on a slope.

Step along the logs yourself (and practice your motor planning and balancing), but don't fall off!



Images taken at Jersey Rd Reserve. <https://www.willoughby.nsw.gov.au/Residents/Parks-and-Recreation/Parks-Reserves-and-Playgrounds/Jersey-Road-Reserve>

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