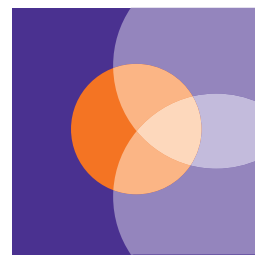




Early intervention for  
children with disability



**MyTime**

*supporting parents of  
children with disabilities*

# Does your child have a disability? Make time for *you* at MyTime.

Find real support from friends who understand at MyTime. Share your experiences with others who 'get it', learn about services and support available to you, and gain access to trusted and reliable information.

Take time for you, and while you relax, your pre-school aged child is engaged in play with a trained professional.

Best of all, it's free.

Until further notice in 2020 the  
group will be by telepractice!  
*All you need is a phone, tablet or  
computer to join in!*  
*We will help you join in on the day.*



**Select a local group so you can connect with others in your community**

**Northern Sydney: Wednesdays 9.30am–10.30am**

**Western Sydney: Thursdays 9.30am–10.30am**

MYTIME provides support for parents and carers of child with a disability or chronic medical condition. It's a place for you to unwind and talk about your experiences. You can also find research-based parenting information and learn new skills. By looking after your own wellbeing, you are looking after your child.

## BOOKINGS ESSENTIAL

To attend contact: 9923 2727 or for more information visit  
[www.earlyed.com.au](http://www.earlyed.com.au) or email [services@earlyed.com.au](mailto:services@earlyed.com.au)