



Does your child have a disability? Make time for you at MyTime.

Find real support from friends who understand at MyTime. Share your experiences with others who 'get it', learn about services and support available to you, and gain access to trusted and reliable information.

Take time for you, and while you relax, your pre-school aged child is engaged in play with a trained professional.

Best of all, it's free.

FROM TERM 2, 2020
Now by telepractice!
All you need is a phone, tablet or
computer to join in!
We will help you join in on the day.



Try to select a group in your area so you can make local connections.

Northern Sydney: Wednesday from 9.30am–10.30am

13th, 20th, 27th, May and 3rd, 10th, June 2020

Western Sydney: Thursday from 9.30am–10.30am

14th, 21st, 28th, May and 4th, 11th, June 2020

MYTIME provides support for parents and carers of child with a disability or chronic medical condition. It's a place for you to unwind and talk about your experiences. You can also find research-based parenting information and learn new skills. By looking after your own wellbeing, you are looking after your child.

BOOKINGS ESSENTIAL

To attend contact: 9923 2727or for more information visit www.earlyed.com.au or email services@earlyed.com.au



